“This knowledge empowers me to sit with my patients with so much more available to me. I hear things I didn’t and couldn’t before. And I listen to my patients with much greater depth and curiosity.”
— Sarah Schrott, LCSW, PPP graduate

“The Psychoanalytic Psychotherapy Program was a challenging, refreshing and deepening experience for me. It was quite a luxury to read and discuss complex materials and cases in a friendly group with experienced instructors and self-motivated students. The program gave me room to think, reflect, and share with others. I’m glad I did it.”
— Amy Holbrook, LCSW, PPP graduate

“With the tripartite model of coursework, supervision of one’s own cases, and personal therapy, OPC’s Psychoanalytic Psychotherapy Program allowed me to grow in a richer way than I could ever have done on my own, and increased my ability to sit with the intolerable and to make sense of it, both for me and for my patients.”
— Constance Jackson, MD, PPP graduate

Continuing Medical Education

This activity has been planned and implemented in accordance with the Essentials Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of The American Psychoanalytic Association and the Oregon Psychoanalytic Institute. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians and takes responsibility for the content, quality, and scientific integrity of this CME activity.

The American Psychoanalytic Association designates this educational activity for an hour for hour basis in category 1 credit towards the AMA Physician’s Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

These CME credits will usually satisfy requirements for social worker CEU’s and psychologist CE’s. However, clinicians should consult their respective state licensing boards for final approval.
The Psychoanalytic Psychotherapy Program (PPP) of the Oregon Psychoanalytic Center is a two-year certificate program in adult psychoanalytic psychotherapy. It is distinct from training in adult psychoanalysis in that it focuses solely on the practice of psychotherapy. The PPP is a series of integrated seminars, clinical case conferences, individual case supervision, and personal therapy. Faculty and supervisors are senior psychoanalytic psychotherapists or psychoanalysts, and members of the Oregon Psychoanalytic Center.

Format & Schedule
- Two years; 18 classes; 198 CE’s.
- Tuesday evening weekly classes, 6:00-9:15 pm.
- Class size is limited to foster in-depth discussion and promote class cohesion.

PROGRAM COMPONENTS

I. Curriculum
Five tracks:
Psychoanalytic Theory
Psychoanalytic Psychotherapy Technique
Human Development
Psychopathology
Clinical Case Process

II. Psychoanalytic Treatment
A personal experience of a psychoanalytic treatment, through either twice weekly psychoanalytic psychotherapy or “on-the-couch” psychoanalysis, is of enormous value to clinicians in promoting self-awareness and deepening learning. Past (last 3-5 years) or current treatment is a requirement of the program.

III. Supervision
Clinical supervision enhances the classroom experience and deepens the development of clinical skills. Participants are required to start at least one twice-weekly psychoanalytic psychotherapy case, seen for at least a year. A second case, seen at least weekly and for at least six months is also required. Cases will be supervised by two different members of the OPC faculty.

DEADLINES & DETAILS

Eligibility for the Program
The certificate program is open to mental health professionals from the disciplines of psychiatry, psychology, social work, counseling and psychiatric nursing. All participants must be licensed in the state of Oregon and carry malpractice insurance for their psychotherapy practices.

Tuition & Fees
Tuition is $2,200 for the 2013-14 year and $2,640 for the 2014-15 year. For students who have completed all classes, but have not yet graduated, tuition is $600 annually. Supervision and therapy fees are not included in tuition and are negotiated privately between student and supervisor and therapist. Prices subject to change.

Applications & Deadlines
Application forms and other information can be obtained online at www.oregonpsychoanalytic.org. The deadline for submitting completed applications is April 1 with a non-refundable fee of $50. Offers of admission are made on May 1.