

The Oregon Psychoanalytic Center presents

# SHAME

Melvin Lansky, MD

Dr. Lansky will be addressing the multiplicity and ubiquity of shame dynamics as they occur in both patient and analyst and in psychoanalytic treatment. Failure to appreciate dimensions of hidden shame has resulted in costly theoretical fragmentation and the failure to have a total, composite view of psychoanalysis that adds new discoveries and modifies existing theories but does not unnecessarily subtract significant features of our theoretical and clinical body of knowledge.

This workshop will explore not only shame as an affect, but also the anticipation of shame as well as defenses against its emergence. Dr. Lansky will discuss the importance of shame in the escalation of conflict, the effect of shame on the disruption of bonds to the object, and the role of shame in such diverse phenomena as envy, hatred, bouts of blaming, domestic violence, terrorism, and grudge bearing, all of which are held in place by hidden or unacknowledged shame.

Dr. Lansky will utilize his own and audience case material as well as facilitate a general discussion with the audience.

Dr. Lansky has provided two of his papers to be read prior to the program. The papers are available at [www.oregonpsychoanalytic.org](http://www.oregonpsychoanalytic.org)

## Program Schedule

9:00-10:15	First Session: Hidden Shame
10:15-10:30	Break
10:30-12:00	Second Session: Continuation of Hidden Shame and our liability to clinical and theoretical fragmentation. Clinical vignettes from the audience
12:00-1:00	Lunch
1:00-2:15	Third Session: Shame and Splitting—resentment and its variations
2:15-2:30	Break
2:30-4:00	Fourth Session: Shame and Working Through: Working through splitting

## Saturday, May 17, 2008

OHSU Old Library Auditorium  
3181 SW Sam Jackson Park Road, Portland  
9am-4pm  
6 cme's.  
\$150

**Contact OPC to register! (503) 229-0175**

Or visit our website for more information [www.oregonpsychoanalytic.org](http://www.oregonpsychoanalytic.org)

## Continuing Medical Education

These activities have been planned and implemented in accordance with the Essentials Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of The American Psychoanalytic Association and the Oregon Psychoanalytic Institute. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians and takes responsibility for the content, quality, and scientific integrity of this CME activity. The American Psychoanalytic Association designates these educational activities on an hour for hour basis in category 1 credit towards the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity. Disclosure information is on record indicating that participating faculty members have no significant financial relationships to disclose. These CME credits will usually satisfy requirements for social worker CEU's and psychologist CE's. However, clinicians should consult their respective state licensing boards for final approval.