

oregon psychoanalytic center

continuing education offerings

2009-2010

All programs take place at OPC, 2250 NW Flanders Street, Suite 312, unless otherwise indicated.

Questions? Call 503-229-0175. For more information, updates throughout the year, and to register for these programs, please visit our website at www.oregonpsychoanalytic.org.

Psychoanalytic Psychotherapy: Tasks, Tips and Traps

This course is a monthly case conference on psychoanalytic psychotherapy that will focus on clinical case material to illustrate, expand and discuss a range of topics in the work of psychotherapy. The course is designed for clinicians of all levels of training who are interested in increasing their understanding of psychoanalytic ideas in psychotherapy.

Instructors: Peter Armstrong, PhD & Gerald Fogel, MD

CME Credits: 15 • \$375 • 7-8:30pm

Tuesdays: Sept. 8, Oct. 13, Nov. 10, Dec. 8, Jan. 12, Feb. 9, Mar. 9, Apr. 13, May 11, May 25

What’s Infant Observation got to do with Adult Treatment?

Infant Observation, begun at the Tavistock Clinic in 1948, has become a standard feature of many training programs of child and adult psychotherapy, psychoanalysis, and related fields throughout the world. This course will focus on Infant Observation’s relevance and application to psychodynamic and psychoanalytic clinical work.

Instructor: Duane Dale, MD

CME Credits: 6 • \$150 • 7-8:30pm

Thursdays: Oct. 15, Oct. 22, Oct. 29, Nov. 5

The Work of Hans Loewald

This course will review the work of Hans Loewald – one of the most influential and widely respected voices in contemporary psychoanalysis. Examples include relational, intersubjective, self-psychological, and ego-psychological theorists, as well as those writing about attachment and development, feminism and gender, and postmodern thought. We will cover several of Loewald’s most important papers, and include important secondary sources as optional readings. Readings will be integrated with clinical material provided by students and instructor.

Instructor: Gerald Fogel, MD

CME Credits: 9 • \$225 • 7-8:30pm

Thursdays: Oct. 15, Oct. 22, Oct. 29, Nov. 12, Nov. 19, Dec. 3

Ethics

This year’s two sessions of two hours each will again invite exploration of the interface between personal ethics and professional ethics. We will consider how to practice psychotherapy / psychology ethically as well as how to think about ethical issues psychologically. This course is designed to meet the psychology continuing education requirements.

Instructor: Jeffrey Sher, PsyD

CME Credits: 6 • \$150 • 6-9pm

Thursdays: Nov. 12, Nov. 19

The Influences of Theory on Empathy

How do we use our theory? Whether we choose to interpret, confront, ask, mirror, stay quiet, is it to deepen our capacity for discover, or might it foreclose our inquiry? Does our theory bring us closer to finding the innermost feelings of another, tolerating our sense of vulnerability in doing so, or do we use it, rather – however unwittingly – to keep at distance (e.g., ‘the patient put those feelings into me;’ ‘the patient is in the grip of an unconscious fantasy’)? How, in our clinical listening, might we discover this distinction? Noting the inherent necessity to draw upon theory in clinical exploration, the question of how theory is then used – to open paths, or to foreclose them – and the recurring risk of the latter, will be examined.

Presenter: Evelyne Schwaber, MD

CME Credits: 4 • \$100 • 9am-1pm

Saturday, Dec. 5 • Place: Linfield School of Nursing

Not EVERYTHING You Wanted to Know about Perversion

What do we mean by perversion? Is it a sexual act? Is it a character disorder? Is perversion a defensive mechanism? What is the difference between fantasy and action in perversion? This class will begin to explore the literature on perversion, using articles and case material to help each of us develop ways of thinking about perversion that may challenge our theory and technique of psychodynamic practice.

Instructors: Ann Anthony, MD & Kirsten Schwanke, MA

CME Credits: 6 • \$150 • 7-8:30pm

Thursdays: Jan. 21, Jan. 28, Feb. 4, Feb. 11

Mind Meeting Brain: Applications of Contemporary Neuroscience Research to Psychodynamic Psychotherapy

Psychoanalysis was recently described by neuroscientist Eric Kandel as “the most coherent and intellectually satisfying view of the mind”. With rapidly expanding knowledge about mind-brain-body connections, we have an unparalleled opportunity to reexamine psychoanalytic understanding and the practice of psychodynamic psychotherapy. This course explores wide-ranging topics with particular applicability to psychotherapy practice, including: emotions, affect regulation and psychological defenses; memory and the spectrum of conscious/unconscious processes; applications of infant and brain research to the development of empathy and object relationships; and embodied language and cognition.

Instructors: Lee Shershow, MD & Nancy Winters, MD

CME Credits: 7.5 • \$185 • 7-8:30pm

Thursdays: Jan. 21, Jan. 28, Feb. 4, Feb. 11, Feb. 18

Evidence Based Practices

“Evidenced Based Practices” (EBP) have become a mandated standard of care for community mental health providers throughout Oregon. Outcomes-Informed care, like EBP’s, acknowledge the primary importance of the therapeutic relationship in affecting therapeutic change, yet neither specifically trains to it. Impasses with EBP’s are often due to inattention to the relational aspects of therapy—transference/countertransference, treatment alliance, treatment frame, regression, and primitive modes of experience—and not due to technical errors. This course aims to help therapists who are invested in using EBP’s and Outcomes Informed Care to improve their practice through better awareness of the relational foundation of their work.

Instructors: Matt Carges, LMFT & Alejandro Pawliszyn, MS, QMHP

CME Credits: 7.5 • \$185 • 7-8:30pm

Thursdays: Feb. 18, Feb. 25, Mar. 4, Mar. 11, Mar. 18

Why We Do What We Do in the Clinical Setting: Using Writing to Clarify Our Personal Theories of Cure

As therapists, most of us apply our theoretical and technical knowledge with few opportunities to analyze and write about the process. And yet we’re all called upon in our training to write case reports. This seminar will provide an easy to apply technique for avoiding writers block and getting started, at the same time making the writing process fun and more conducive to improved psychotherapeutic technique.

Instructors: Jane Walvoord, LCSW & Barbara Drinka, LCSW

CME Credits: 9 • \$225 • 7-8:30pm

Thursdays: Feb. 25, Mar. 4, Mar. 11, Mar. 18, Mar. 25, Apr. 1

Trauma, the Traumatic, and Dissociation

In this course we will explore what we mean when we say that something is traumatic. We will look into how and why something becomes traumatic, and how it is mediated psychologically. We will look at the neuroscience understanding of traumatic states along with the phenomena of dissociation and repression in the mediating of it. The implications for treatment follow from these understandings.

Instructor: David Turner, MD

CME Credits: 9 • \$225 • 7-8:30pm

Thursdays: Apr. 1, Apr. 8, Apr. 15, Apr. 22, Apr. 29, May 6, May 13

An Introduction to Lacan: Basic Concepts

This seminar provides a demystifying overview of French Psychoanalyst, Jacques Lacan’s fundamental theoretical concepts; unpacking such notable dictums as “The Unconscious is Structured like a Language” and “The Unconscious is the Discourse of the Other.” We will discover how Lacan set out to “Return to Freud” through his unique de-biologizing of Freudian theory within the language of structural anthropology, linguistics and Hegelian philosophy. This seminar’s goal is to make the profound if opaque, contentious, and sometimes willfully obscurant, insights of Jacques Lacan understandable. Prior familiarity with Lacanian theory is not required. Readings will include introductory texts as well as selected readings from Lacan’s *Ecrits* and *Seminars*.

Instructors: Ralph Beaumont, MD & Matt Carges, LMFT

CME Credits: 7.5 • \$185 • 7-8:30pm

Thursdays: Apr. 8, Apr. 29, May 20, May 27, June 3

Insight from Mothering: How Thinking about Mother-Infant Interactions Informs the Clinical Process

The experience of conception, pregnancy, birth and caring for a young child is a period of enormous change and psychological growth. The mother’s early pre-verbal experiences of being mothered come closer to consciousness stimulated by the daily experiences with her own child. This offers an opportunity for the new mother to master specific developmental tasks and new aspects of identification with her own mother. In this course, we will consider various psychoanalytic perspectives on the developmental processes involved with becoming a mother, with particular attention to the contributions made by the field of infant observation, and the overlap between maternal functions and the therapist’s clinical functions.

Instructors: Kate Donchi, LMFT & Amy Reiss, PhD

CME Credits: 6 • \$150 • 7-8:30pm

Thursdays: May 20, May 27, June 3, June 10

OPC Mission Statement

The Oregon Psychoanalytic Center is dedicated to advancing the vitality and enduring value of psychoanalysis in Oregon.

We accomplish this by educating mental health professionals – psychiatrists, psychologists, social workers, nurses, and other mental health professionals – in the theory and practice of psychoanalysis and its many applications. These applications include the various psychotherapies, child and family development, and many other scientific, humanistic, and sociocultural disciplines important to contemporary life.

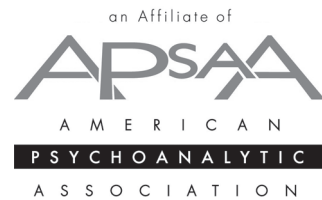
opening minds

...through psychotherapy education

- *Psychoanalytic Training*
- *Psychoanalytic Psychotherapy Program*
- *Prelude to Psychotherapy Series*
- *Infant Observation Seminar*
- *Continuing Education Courses*
- *Arts on the Couch*

The registration form for these continuing education offerings can be found online at

www.oregonpsychoanalytic.org



Continuing Medical Education

These activities have been planned and implemented in accordance with the Essentials Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of The American Psychoanalytic Association and the Oregon Psychoanalytic Institute. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians and takes responsibility for the content, quality, and scientific integrity of this CME activity. The American Psychoanalytic Association designates these educational activities on an hour to hour basis in category 1 credit towards the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.



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