

APPLICATION INFORMATION

Eligibility

The Oregon Psychoanalytic Institute has two training tracks — Clinical and Academic.

The clinical track is open to all licensed clinical mental health professionals that meet the requirements outlined at www.oregonpsychoanalytic.org.

The academic track is open to professionals who want to study and experience psychoanalysis without becoming a psychoanalyst. For questions about the Academic Track, please contact Sara Gardiner, MD, OPI Chair of Admissions.

Application Process

Applications received by March 1 will best enable an applicant to be considered for the class starting in September of the same year.

How to Apply

If you would like to apply or find out more information, please visit:

<https://orpc.memberclicks.net/psychoanalysis>

Accepted applicants will be able to start a monthly pre-matriculation course until formal classes start.

OPI ADMISSIONS COMMITTEE

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OREGON PSYCHOANALYTIC INSTITUTE



**OREGON
PSYCHOANALYTIC
CENTER**

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ABOUT OPI

OPI is an immersive training program in psychoanalytic theory and technique. This training is built on three pillars of learning:

- 1) Coursework
- 2) Supervised clinical analyses
- 3) Personal training psychoanalysis

Together, these provide rich, varied, and profound opportunities for experiential and didactic learning. For more details, please see www.oregonpsychoanalytic.org

In the demanding intimate partnership of a good therapeutic relationship, psychoanalytic training can provide important tools: an ability to work in-depth with unconscious intrapsychic and interactional phenomena, a surer grasp of transference and counter-transference, a capacity to use one's empathic and relational capacities more effectively, greater competency in recognizing and resolving intrapsychic conflict, and increased understanding of effective interventions. Applicants also seek the intellectual excitement, emotional growth, and immersion in relational and humanistic values that such training provides.

While psychoanalytic training is rigorous, it can provide a deeply satisfying path in preparing a therapist for the difficulties and rewards of their work. It also provides a community of professional colleagues who share similar interests and values.

COURSE INFORMATION

Schedule

Courses are held on Fridays from 12:15 to 5:15pm. During this time, there are three classes with a 15-minute break between each. There are occasional Saturday classes as well. After the 4th year of training, trainees (called "candidates") attend only case conferences.

Seminar courses include psychoanalytic theory, technique, psychopathology and development, as well as a weekly clinical case conference. This coursework integrates the study of early contributions starting with Freud's discoveries of unconscious mental life with contemporary views, emphasizing the diverse clinical problems that therapists treat in today's complex world.

2024-25 Tuition & Fees

- Application Fee: \$300
- Years 1 to 4, annually: \$5710
- Advanced Year: \$2855*
- Pre-matriculation: \$350*

** Tuition is raised 3% each year.*

Tuition is due July 1st. This includes all courses, access to the OPC library, membership, and listserv. Access to PEP-Web, an articles database, will require an additional \$100 fee. Supervision fees are separate from tuition.

GOALS OF OPI TRAINING

OPI psychoanalytic training is designed to help therapists develop into psychoanalysts. Our aim is for candidates to ultimately possess a mature and independent capacity to facilitate a deepening psychoanalytic process with patients in a 4-5 times per week psychoanalysis. Involved with this is developing a capacity to think about oneself, one's patient, and what is occurring unconsciously between the two. This learning is challenging for many reasons, while it is also immersive and richly rewarding. The OPI faculty works closely with each candidate to support them with this educational process throughout training.

