BRIDGING PSYCHOANALYSIS AND THE COMMUNITY

AN ONLINE COURSE

OREGON PSYCHOANALYTIC CENTER
IN COLLABORATION WITH AMERICAN
PSYCHOANALYTIC ASSOCIATION
DEPARTMENT OF PSYCHOANALYTIC
EDUCATION SECTION ON
PSYCHOANALYSIS IN THE
COMMUNITY

8 SESSIONS 12 CMES

10:30-12:00PM EDT

7:30 - 9:00AM PDT

THURSDAYS

MAY 6 - JUNE 20, 2021

Course Description

This course will offer an introduction to Community Psychoanalysis, with a focus on the experiences of clinicians working in community settings in the midst of this pandemic and ongoing systemic racism. The course aims to foster dialogue and mutual learning between community-based clinicians and members of the psychoanalytic community. The basic premise of the course is that psychoanalytic practitioners have much to learn from community clinicians who in turn can benefit from a psychoanalytic focus and sensibility that can help them make sense of and manage the sometimes overwhelming day-to-day feelings of working with the suffering of those who are most vulnerable in our society. Each class will begin with a brief discussion of the reading and/or an experiential/reflective exercise, followed by a case-based discussion of a challenging or anxiety-provoking experience in the work setting as described by one of the class participants. Class members will put their heads together to make meaning of the experience and our own reactions to it. In the last part of each class, members will share observations and reflections of our group dynamics as they relate to our experience of learning together.

By the end of the class, we aim to demonstrate how a psychoanalytic understanding of individual, organizational, and social experiences of trauma, grief, and loss and their manifestations in transference/countertransference dynamics deepen clinical work in the community and enhance its effectiveness, as well as how the experiences of clinicians in the community can broaden and enrich the scope and applicability of psychoanalysis.

Learning Objectives

- 1. Use Concepts of transference and countertransference to describe one difficult community-based clinical experience.
- 2. List at least three community settings in which psychoanalysis has traditionally informed clinical work.
- 3. Describe one example of a case in which psychoanalytic and systemic approaches were both used.
- 4. Describe how the psychoanalytic concept of defense can be useful in understanding the functioning of an institution.
- 5. Describe dilemmas that arise in establishing a frame and boundaries in clinical work with homeless people.
- 6. Describe one instance in which racial and cultural differences were the basis for psychoanalytic therapeutic work.
- 7. Describe a community intervention in which a psychoanalytic approach was useful in crisis intervention.
- 8. Describe two ways in which community-based interventions can draw on psychoanalytic theory and/or technique.

Instructors

Ricardo Ainslie, PhD
Neil Altman, PhD
James Barron, PhD
Henry Catalinich, MA, LMFT, LPC-intern
Paola Conteras, PsyD
Diya Kallivayalil, PhD
Duane Dale, MD
Paula Christian-Kliger, PhD
Lizbeth Moses, PhD
Lee Slome, PhD
Elizabeth Schmick, DO
Beverly Stoute, MD
Thomas Veeder, MD

Registration

\$400 Public

\$360 OPC Members

\$200 Residents - Interns - Graduate Students - Community Mental Health Clinicians

Register at <u>www.oregonpsychoanalytic.org</u>

Continuing Medical Education: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychoanalytic Association and the Oregon Psychoanalytic Center. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 12.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.