



INFO@OREGONPSYCHOANALYTIC.ORG | 503-229-0175



*Dear OPC Members and Friends,*

*The Oregon Psychoanalytic Center would like to acknowledge all the hardworking volunteers who, by volunteering your time, energy, and money, create a dynamic array of programs, courses, and education opportunities. We would not exist without your drive and dedication. At OPC's Annual Meeting held on May 5th, we reviewed statistics that are impressive and gratifying to hear. I would like to share some of those with you. For this academic year, we have 9 candidates in the Oregon Psychoanalytic Institute (OPI), 8 students in the Psychoanalytic Psychotherapy Program (PPP), and 381 attendees to our Continuing Education (CE) Program courses and events. Since the beginning of OPI in 1995, there have been 38 graduates. For the PPP, which started in 2007, there have been 46 graduates. And since our CE programs began in 2000, there have been 8507 attendees to date.*

*When considering these numbers, I think of the ripple effect OPC is having through its educational programs, its outreach efforts, and most of all, its impact on each of us and the lives and families of people we have the privilege of working with in our clinical, private, and community-based settings. Infused throughout this learning and growing are goals of openness and curiosity, of creating safety where free questioning and self-reflection develop, and of growth in our capacity to tolerate the uncertainties necessary for deeper work. It is these kinds of values that are needed to help those we work with, and ourselves, to become more fully who we are.*

*As we continue to learn from our experiences and expand our programs, another value that has become increasingly essential in this day and age of escalating polarities is seeking more awareness of our conscious and unconscious biases, including how they influence our teaching and clinical work. OPC is dedicated to this goal. There are lenses that are always operating through which we perceive and express our thoughts and feelings. We need to continually work on our awareness of these and help each other with this undertaking, too. Facing and confronting the inevitable misunderstandings and pain that are caused is of undeniable importance. Ingredients vital in this endeavor are respect, discipline, humility, and compassion. We welcome and are truly thankful for all who join us in this mission.*

**Duane Dale, MD**  
**President, OPC Board of Directors**



**Have a great summer!**

**VISIT OUR WEBSITE FOR INFORMATION ON OUR PROGRAMS AND EVENTS!**

# Message from Oregon Psychoanalytic Institute (OPI) Director

Our biggest news is that we're excited to start a new candidate cohort in the Fall of 2025. A warm welcome to **Aaron Garner, LCSW, Olivia Torres Sprauer, PsyD, Reid Zweifel, MD**, and perhaps more new candidates who are now in the process of applying. *Please see the new candidate bios on page 5.*

We've continued having rewarding in-person meetings as a faculty at OPI — **Jeanne Johnson, MD**, led another discussion on ethics, this time focusing on Jane Kite's paper, "The Fundamental Ethical Ambiguity of the Analyst as Person" (JAPA 2016). We hope to have a continuing series of discussion groups with a focus on analytic ethics as a way to develop a language about psychoanalytic ethics and a way of thinking about it together.

At our last faculty meeting of the year, **J. Powers, MD**, introduced us to what learning about Transference-Based Psychotherapy has meant to his development as an analyst, with Otto Kernberg's paper, "Extensions of Psychoanalytic Technique: The Mutual Influences of Standard Psychoanalysis and Transference-Focused Psychotherapy" (Psychodynamic Psychiatry, 2021).

Our second Conversations in Contemporary Psychoanalysis was held on May 22, with our reading and thinking about **Nancy Winters', MD**, prescient 2023 paper, 'A Home to the Lie': The Contemporary (Per)version of Truth" (American Journal of Psychoanalysis, 2023). These events, which are free to all candidates, PPP students, and faculty, and include free CE credits, will continue next year. OPC members are welcome to come, and there is a fee of \$20. Please keep an eye out for them and sign up on the OPC website.

Our Training Outreach Committee (the brainchild of **Sara Gardiner, MD**, now with chair **Cody Evans, MD**, at the helm, and committee members Sara Gardiner and **Cindi Palman, MD**) has been working tirelessly to provide graduate students a sense of how a psychoanalyst thinks and works. Among other events, they have organized a monthly case conference for OHSU residents, started a case conference for Pacific University psychology students, plan to start an interdisciplinary case conference in the fall, and are coordinating with other faculty in the PPP around George Fox and several other places where therapists learn and work. Their enthusiasm for our work and efforts to show others what we do, and to include so many of our faculty in this endeavor, have been impressive.

I hope to see many of you at the year-end celebration. It's always a treat to be able to see so many of you and to acknowledge the accomplishments of graduates, faculty, and administration. It will be more fun if you are there!

*Cynthia Gray, OPI Director*

## OPC Program Updates



### Psychoanalytic Psychotherapy Program (PPP)

Hello OPC community. Hallelujah, summer is almost here! I welcome sunny, prolonged days, warm lakes, fecund forests, and the feeling of "a break," perhaps a dream from childhood.

The PPP Committee and its students will take a breather for the summer, when I will hand off the PPP Chair role to my capable and wonderful colleague and fellow PPP committee member, **Redmond Reams, PhD**. I've known Redmond in many capacities over the past 15 years, as a trusted colleague, a case consultant, and a good friend. He has been involved with OPC for over 25 years, when it was called the Oregon Psychoanalytic Foundation. He has filled many roles in that time: member of the board of directors, chair of the Community Collaboration Division (as it was then called), grant writer, psychoanalytically-oriented child care consultant, CE instructor and PPP faculty member. The program will be in good hands with Redmond at the helm.

We will be celebrating three PPP students at the OPC Graduation and Celebration party on Friday, June 6th, at Elephant's Delicatessen on Corbett. For the past two years, **Ashley Gunderson, LPC, Andrew Hughes, MD, and Kim Hyam, LCSW**, have devoted themselves to their PPP training and their development as psychoanalytic psychotherapists. Congratulations to each of them on their graduation! *Please see the graduates bios on page 4.*

Welcome to the next amazing PPP cohort, which begins the program in Fall 2025. They're a diverse group of ten individuals, all poised to begin their exciting and dynamic training. They include **Julie Berman, LPC; Jessica Carlin, LCSW; Andrew Conner, LMFT; Bethany Haug, LPC; Josiah Laughlin, PMHNP; Alena Lauritsen, LCSW; Lauren Merrell, PMHNP; Jazmyn Price, PMHNP;**

*(continued on next page)*



## Psychoanalytic Psychotherapy Program (PPP) continued ...

**Libby Schwartz, LPC;** and **James Terhune, PsyD.** Please read their bios (on pages 6-7) and join me in welcoming them to the OPC community, where we hope they find a professional home.

There's more welcoming yet to extend! Three new PPP committee members include **Merrill Weyerhaeuser, PhD**, who started this spring, **Brent Belford, LCSW**, and **Paula Leningrad, LCSW**. Merrill completed her analytic training at The National Institute for the Psychotherapies National Training Program, has taught for OPI, and has been on the PPP faculty, where she has instructed and supervised PPP students for the past four years. Paula is a PPP 2023 graduate and has co-taught several classes as a member of the PPP faculty. Brent graduated from the PPP in 2024, is a new PPP faculty member, and has contributed to PPP recruiting events. We look forward to growing the program with them!

A few PPP committee members are stepping away from committee work. Over the years, **Sandra Krussel, DO**, and **Kelly Reams, LCSW**, have each devoted a tremendous amount of energy to the PPP committee, Sandra in her commitment to diversity in all aspects of the program including classroom instruction and faculty development, and Kelly in student outreach efforts to help graduate and post-graduate students consider psychoanalytic perspectives. I want to express my deepest appreciation for their contributions.

Lastly, I'd like to highlight **Kerry Opdyke, MD**, who has been a committee member for close to a decade and is also stepping down. Kerry's commitment to the PPP has anchored the program and three committee chairs, including me. Her largest legacy includes her development of the curriculum, which has benefited from her clinical acumen, astute attention to detail, and ingenuity in planning. She will be greatly missed.

I have enjoyed my role as PPP Chair immensely, which is among the most rewarding endeavors I've been involved in. If anyone would like to hear more about the PPP, is interested in applying, or would like to join the committee or faculty, please contact me, Rachael Berkeley, [rachaberk1@gmail.com](mailto:rachaberk1@gmail.com), or Redmond Reams, [redmondreamsphd@gmail.com](mailto:redmondreamsphd@gmail.com).

Have a lovely summer and see you in the fall!

**Rachael Berkeley, LCSW, PPP Committee Chair**

## Continuing Education (CE)

I'm humbled and in awe that we are at another academic year's end. I want to thank all the volunteer instructors and members of our Continuing Education committee (**Scott Vignola, MSW**, **April Crofut, MD**, **Michael Weiner, LCSW**, **Francoise Eipper, MD**, and **Cody Evans, MD**) for their hard work in our group effort to put on educational programming for our community. **Lindsey Stevens**, **Tess Keith**, **Erica Ironside**, and **Izza McGowan** (our PCC CLIMB Center AV tech guru) always work above and beyond behind the scenes at our special events to make them happen. We couldn't do it without this village!

Next year, we will welcome **Jonathan Lear, PhD**, **Aisha Abbasi, MD**, **Bruce Reis, PhD**, **Sally Ackerman**, and **Jack Novick, PhD**, and **Kerry Novick, FIPA**, (in addition to more in the works) to our Saturday programming. We will continue collaborating with Hollywood Theatre with classes through Movie Madness in Fall/Winter 2025-26 and a Spring 2026 Psychoanalysis and Film course through OPC. Stay tuned!

As always, we welcome any ideas for programming and participation with the Continuing Education program and any voices for positive and critical feedback about our programs. If you have suggestions or feedback, please email [alice.huang.md@gmail.com](mailto:alice.huang.md@gmail.com).

**Alice Huang, MD, CE Committee Chair**





**Andrew Hughes, MD**, grew up in North Dakota before moving to Canada to pursue a degree in psychology at the University of British Columbia. After returning to North Dakota for medical school, he moved to Portland to complete his adult psychiatry residency at Oregon Health & Science University.

After graduation, he established a therapy-focused, integrative private practice in Southeast Portland, where he currently works with adults. His psychotherapeutic orientation is eclectic, with a strong emphasis on psychoanalytic therapy, including neuropsychanalytic approaches. Andrew continues to conduct integrative psychiatry research as a clinical assistant professor at OHSU. He recently graduated from the Psychoanalytic Psychotherapy Program (PPP) and looks forward to deepening his psychoanalytic work and ongoing study.

Outside of work, Andrew enjoys exploring the Pacific Northwest with his wife and young son. He is grateful for their support throughout the PPP and looks forward to spending more time together this summer.

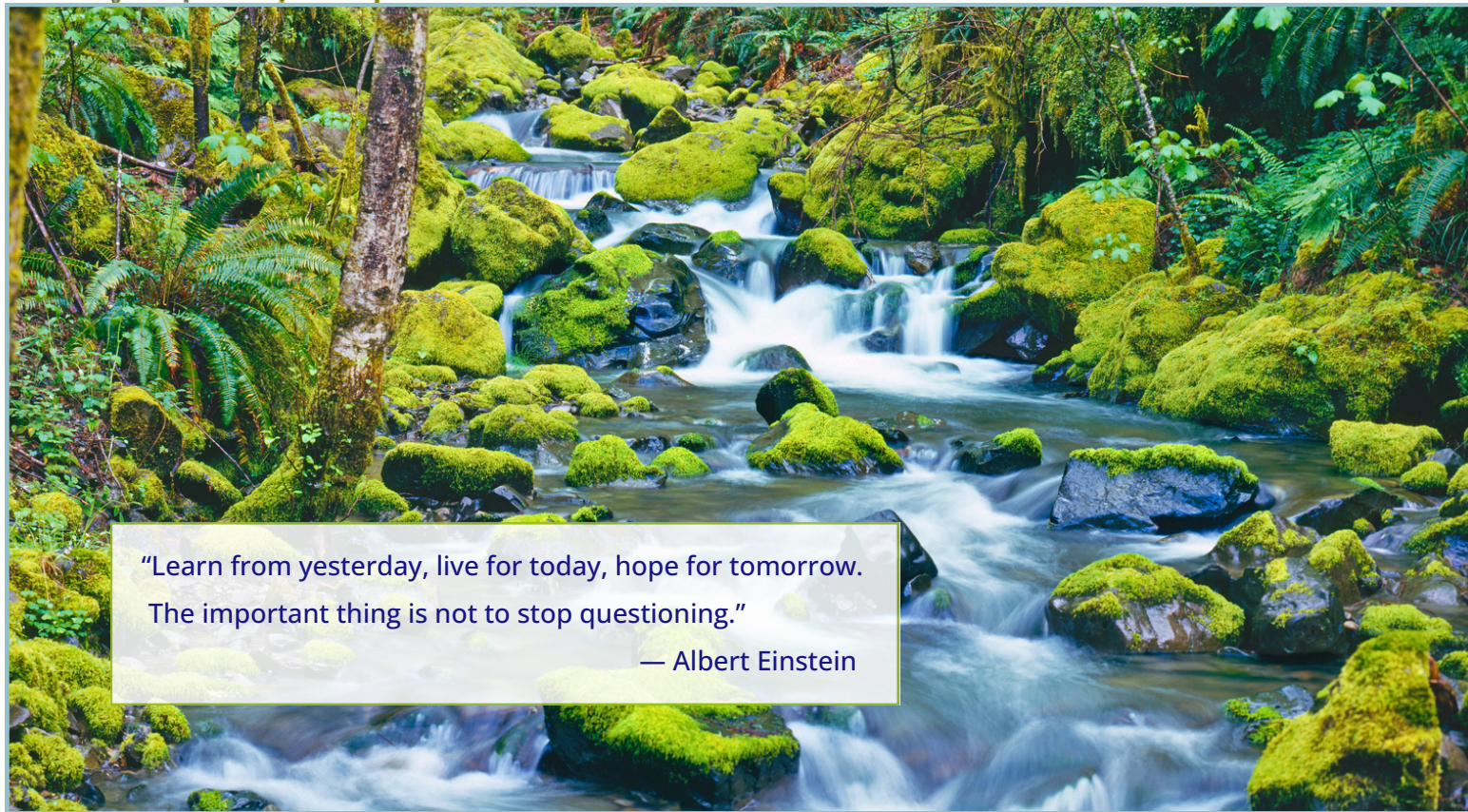
**Ashley Gunderson, LPC**, is a licensed professional counselor based in downtown Vancouver, WA, where she maintains a full-time private practice serving both children and adults. Before joining the PPP, she completed two years of training through the Center for Object Relations. Her clinical experience included working with children and families in outpatient clinics, and working with adults in residential inpatient facilities. Her introduction to British Object Relations and work with mothers and infants began during graduate school under the mentorship of her previous professor, Dr. O'Donnell Day. After relocating from Seattle, she was encouraged by her former supervisor, Thomas Sanders, LCSW, to connect with OPC. Ashley is deeply grateful for the enriching experience the PPP provided and for the support of her cohort, her supervisors — Rachael Berkeley, LCSW, and Peter Crabtree, PsyD — her therapist, and all the facilitators from whom she has learned so much.

Ashley enjoys spending time with her family and friends. She loves hiking, paddle boarding, playing with her German Aussie, and foraging for wild mushrooms. Looking ahead, she hopes to contribute to the PPP in the future.

**Kim Hyam, LCSW**, is a psychotherapist deeply committed to psychoanalytic thinking and practice. A recent Psychoanalytic Psychotherapy Program (PPP) graduate, she integrates psychodynamic principles into her clinical work, primarily with adults.

Kim is part of a Portland-based practice group that works in the Beaverton area. Previously, she worked with adults in a larger practice for over a decade, and before that, she worked for many years with children and adolescents with trauma in day treatment and residential programs, where she held both clinical and management roles. Kim brings a relational, insight-oriented approach to therapy grounded in an appreciation for the unconscious, developmental processes, and the therapeutic relationship.

In addition to her clinical work, Kim remains actively engaged in ongoing studies and supervision and is a member of the Oregon Psychoanalytic Center. She plans to continue with her PPP cohort in the fall for a continuing seminar and to continue further CME/CEU opportunities. In the meantime, she and her family will enjoy some time in Costa Rica to kick-start their summer.



“Learn from yesterday, live for today, hope for tomorrow.  
The important thing is not to stop questioning.”

— Albert Einstein



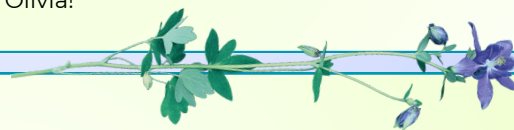
### Aaron Garner, MSW, LCSW

Aaron is a clinical social worker currently in private practice in San Antonio, Texas, where he sees adolescents and adults for psychodynamic psychotherapy. This spring he will move to Portland to establish a private practice and enter the first-year class at OPI in September 2025. Though originally from Texas, Mr. Garner received his B.A. from Pacific University with a major in Political Science. He subsequently worked with emotionally troubled children and adolescents at the Albertina Kerr subacute program and then at Providence Willamette Falls Medical Center, where his interest in understanding symptomatic behavior as rooted in loss, trauma, and socio-economic history expanded and deepened, inspiring him to return to graduate school for his Master's in Social Work at Portland State University. After graduation, Mr. Garner worked as a therapist at the Providence Pathway Behavioral Health Partial Hospital/Intensive Outpatient Program, working with adolescents and their families. Desiring to be closer to family during the COVID pandemic, he returned to Texas, sought out psychoanalytic supervision, and opened a private practice in San Antonio. Through his experiences in psychoanalysis, supervision, and self-study, his confidence in psychoanalytic principles strengthened and consolidated a growing desire to go further to become a psychoanalyst. In addition to his professional activities, he has practiced mixed martial arts and traveled extensively in Europe and Asia. He is eager to be part of a community with others who are interested in understanding patients from a psychoanalytic perspective. We are pleased and excited that he will be returning to the Pacific Northwest and joining our next candidate cohort. Please join the Admissions Committee in giving Aaron a warm welcome to OPI!



### Olivia Torres Sprauer, PsyD

We are very pleased to introduce Olivia Torres Sprauer, PsyD, who has just joined our new candidate cohort at OPI. Dr. Torres is a psychologist in private practice, providing psychotherapy to adults and couples. Growing up in the South and later the Midwest, she developed an interest in the interplay of mind, brain, and behavior in college at Loyola University Chicago, where she majored in psychology with a minor in neuroscience, was first exposed to Freud's theory of human development, and earned her Bachelor of Science in Psychology. Attracted by the Northwest mix of urban cultural offerings and outdoor activities, she chose Pacific University for graduate school, earning her MA and PsyD degrees in Clinical Psychology. Her dissertation assessed the effects of personality and ambiguity tolerance on clinicians' choice of theoretical orientation. During graduate training, she further deepened her engagement with psychoanalysis and took several CE courses at OPC. She completed internship training at a psychodynamic private group practice in southwest Michigan and participated in the Chicago Psychoanalytic Institute's fellowship program that same year. As a postdoctoral fellow, Olivia worked in private practice, taught an undergraduate course on personality, and completed the Fundamentals of Psychoanalysis certificate program at the Chicago Psychoanalytic Institute. In 2021, Dr. Torres returned to Portland where she continued to see patients in her Michigan practice virtually and in 2023 opened an in-person Oregon practice. She enters psychoanalytic training seeking a professional home and continuing sources of growth and learning. We are excited about the experience and capacities she brings to our community. Please join the OPI Admissions Committee in extending a very warm welcome to Olivia!



### Reid Zweifel, MD

We are very pleased to introduce Hannah Reid Zweifel, MD, who has just joined our new candidate cohort at OPI. Dr. Zweifel is a psychiatrist in private practice focusing on psychodynamic psychotherapy and medication management. Growing up in the red rock country of Southern Utah, she developed an early appreciation for the diversity of human cultural expression and an abiding love of science and the natural world. She earned her Bachelor of Science at Westminster College, where she majored in Neuroscience, and her Doctor of Medicine at the University of Utah School of Medicine. Amid the early challenging days of the Covid-19 pandemic, she embarked on her Psychiatry Residency at Oregon Health and Science University (OHSU). During this time, she participated in and subsequently coordinated a resident case conference facilitated by OPC and began a deepening exploration into the world of psychoanalytic thinking. She took CE courses at OPC and began supervision with a psychoanalyst. After serving as Chief Resident, Dr. Zweifel graduated from OHSU and opened her own practice in Southwest Portland. Last fall she was honored with an American Psychoanalytic Association Fellowship for 2025. With contributions as a writer and presenter in biology, neuroscience, and psychiatry, her pursuit of psychoanalytic training is a natural extension of her ongoing desire to deepen her therapeutic understanding and practice. Please join the OPI Admissions Committee in extending a very warm welcome to Reid! We are excited about the experiences and capacities she brings to our community.

## Newly Accepted PPP Students *(in alphabetical order)*

### Julie Berman, LPC

Julie Berman is a therapist in Portland, OR, in private practice. She worked at Providence Portland Medical Center for five years in the Partial Hospital, Intensive Outpatient, and DBT Programs. After moving from New York City to Portland, she earned her M.A. in Counseling Psychology from Lewis and Clark College. She also has her M.F.A. in Fiction Writing from Sarah Lawrence College. She is most drawn to the therapist's use of the self and the unconscious mind. The through line for her, whether fiction or therapy, is the inner life. She primarily works with people who have a close relationship with a personality-disordered person. She is currently in the Fundamentals of Psychoanalytic Psychotherapy OPC course and enjoys the practical application of her learning, such as transference and complexes. It has been a delightful experience to further her studies and her own growth by connecting with OPC. This has breathed new life into her practice and personal relationships, a joyful aspect of this work. She enjoys food trucks with her partner, walking at Mount Tabor, and pretty much analyzing everything to death together. She has fun with her wisecracking middle school-aged son, who teaches her about the world of sports, playing ping pong, and doting on their scrappy terrier. She is very much looking forward to deepening her clinical work and expanding her mind while hoping to create more community via the PPP.

### Jessica Carlin, LICSW, LCSW

Jessica is a psychotherapist in private practice in Vancouver, WA. Originally starting her practice in Portland, Oregon in 2013, she moved to Washington in 2021. Jessica completed her master's in social work from NYU Silver School of Social Work in 2006. Before beginning her private practice, Jessica worked in community mental health and crisis response. She began to learn more about psychoanalytic ideas and theories through OPC's Fundamentals of Psychoanalytic Psychotherapy in 2014. She is intrigued to understand more about the interiority of her clients and finds that learning through a psychoanalytic lens brings more creativity, richness, and texture to their work together. She participates in twice-monthly group consultations and weekly individual consultations to help broaden her understanding of psychoanalytic theory and application. Jessica lives with her wife in Washougal, WA, and when not working, she is renovating and restoring their house and land. Together, they have two collies and twelve chickens. Jessica is excited about joining the PPP this Fall to deepen her learning and continue building her community. Please join the PPP Committee in welcoming Jessica into our community!

### Andrew Conner, LMFT

Andrew Conner is a Licensed Marriage and Family Therapist living and practicing in Portland. He grew up in Northern and Southern California, as well as New England. Andrew graduated from Santa Clara University with a Master's in Counseling Psychology in 2015. In college (also at Santa Clara University), he majored in English with a Creative Writing emphasis. Andrew completed his traineeship at the YWCA Silicon Valley Domestic Violence Support Network, where he was the first male-identified person to practice therapy. Upon moving to Portland in January 2016, he began working with unaccompanied immigrant youth through Morrison Child and Family Services. He has also worked with young people in the context of a virtual intensive outpatient program. In 2021, Andrew opened a private practice working with adults, teens, and children. He served on the board of Oregon Friends of Jung, and has a longstanding interest in meditation and art of all kinds. His offices are in downtown Portland.



### Bethany Haug, LPC

Bethany Haug is a licensed professional counselor. In 2019, she graduated from DePaul University in Chicago, IL. Prior to becoming a therapist, Bethany completed a BA in English, an MFA in Poetry, and worked in both homeless services and education. She began her counseling career in a high needs school, working with adolescents, while also working part-time with adults in private practice. Bethany moved to Oregon in 2022, where she has since been working in private practice with adults. Her interest in psychoanalytic theory grew from her curiosity and drive for a nuanced, relational, and in-depth approach to understanding and working with people. She is currently enrolled in OPC's Fundamentals of Psychoanalytic Psychotherapy course and considers herself to be a "forever student." When Bethany isn't working or reading a book, she likes to cook, be outdoors, sing karaoke, and spend time with her wife and loved ones.

### Josiah Laughlin, DNP

Josiah is a registered nurse and a recent graduate of the Doctor of Nursing Practice (DNP) program at OHSU, specializing in Psychiatric Mental Health. He is deeply committed to addressing the acute and urgent mental health concerns in our Portland, Oregon, community. He has accepted a position as an attending provider in a Portland-based psychiatric emergency services department, which he will begin in the fall. His passions, interests, and areas of expertise include addiction psychiatry, harm reduction strategies, public and academic education, psychedelic-assisted treatment, and the emerging applications of artificial intelligence in healthcare. In his private practice, Josiah hopes to specialize in addiction care, offering some medication management, with a primary focus on psychotherapeutic support to individuals in established recovery. He is eager and enthusiastic to join the PPP.



## Newly Accepted PPP Students, *continued* (in alphabetical order)

### Alena Lauritsen, LCSW

Alena joins the OPC community after a somewhat meandering career path. She began her professional journey as a copywriter and editor. She moved around a bit from Boston, Phoenix, Chicago, and London and ultimately settled in Portland. She transitioned to teaching English Literature, guiding students through the complexities of language and literature. That deeply fulfilling role sparked in her a deep interest in human behavior and relationships, providing a natural foray into a career in therapy, though she has never lost her passion for teaching. During graduate school at Boston University, Alena worked alongside a professor affiliated with the Boston Psychoanalytic Institute, an experience that further solidified her passion for psychoanalytic theory. She now works as a high school-based therapist and is passionate about group and family work. She teaches seminars in the community and will be working as a facilitator for online MSW classes. Outside of work, Alena can usually be found on the tennis courts, either coaching or playing.

### Libby Schwartz, LPC

Libby Schwartz is a psychotherapist with a private practice in Portland that focuses on older adults. She graduated with a master's degree in counseling from Portland State University in 2014. Prior to becoming an LPC, she was an attorney for more than 20 years. She is a graduate of Rice University (BA) and the University of Texas School of Law (JD). Libby became interested in psychoanalytic thinking while in graduate school, but became eager to dive deeper after taking OPC's Fundamentals and Beyond Fundamentals classes. She and her husband have lived in Portland since 1994. She has two sons; one is an RN at OHSU Doernbecher and the other is a junior in college.

### Lauren Merrell, PMHNP

Dr. Lauren Merrell is a board-certified Psychiatric-Mental Health Nurse Practitioner (PMHNP) who earned a Doctor of Nursing Practice from Oregon Health & Science University (OHSU). She currently owns a private practice that offers combined treatment of medication management and psychodynamic psychotherapy to adult clients. Dr. Merrell's clinical interests include gender-affirming psychiatric care, relational childhood trauma, neurodevelopmental disorders, and women's mental health. In addition to her clinical work, Dr. Merrell serves as an Assistant Professor in the PMHNP program at OHSU. As an educator, she is committed to shaping the next generation of PMHNPs, with a focus on ethics, critical thinking, and evidence-based treatment approaches. Driven by a belief in people's capacity for healing and growth, Lauren strives to create spaces—both clinical and educational—where clients and students alike can thrive.

### Jazmyn Price, MSN, PMHNP, WHNP

Jazmyn Price is a board-certified Psychiatric Mental Health Nurse Practitioner and Women's Health Nurse Practitioner. She has called Portland home for the past four years, after relocating from New England. With over five years of experience in the mental health field, Jazmyn has spent the last two years in private practice, offering both therapy and medication management with a holistic, person-centered approach. Jazmyn earned her degrees from Yale University and Mount Holyoke College. Her early career included work as an abortion provider and gender-affirming care practitioner—experiences that continue to shape her deeply values-driven, justice-informed psychiatric practice today. She works primarily with individual adults and adolescents. Outside of her clinical work, she enjoys listening to jazz and hip hop, reading an ever-growing stack of magazines, and chasing sunshine whenever she can.

### James Terhune, PsyD

James Weldon Terhune is a recent graduate of the clinical PsyD program at Rutgers University in New Jersey and now works as an outpatient clinical psychologist at the Portland VA Medical Center. James gained foundational training in psychodynamic practice from faculty at Rutgers and then, during his internship at the Miami VA Medical Center, deepened his interest in helping maintain access to psychodynamic treatment within the VA. James is looking forward to further developing his clinical approach through the PPP and learning from the broader OPC community.





## Recent Member Accomplishments *(in alphabetical order)*

**Sara Gardiner, MD**, has accepted invitations to become a member of the Editorial Board of the International Journal of Psychoanalysis, as well as an editorial reader for the Analyst at Work section in the International Journal of Psychoanalysis.

**Maya Klein, PhD**, presented at the Family and Community Engagement Learning Network (FACE) Webinar Series on May 8, 2025. Her presentation, From Self to Selfie: How Social Media Shapes Childhood Development and Relationship Building, explored the developmental roots of self-focus, the impact of social media on relational growth, and how digital platforms can disrupt the transition from early narcissism to healthy, reciprocal relationships.

**Julia Lymar, LMHCA**, recently graduated from Antioch University Seattle and will begin seeing clients at Vancouver Wellness Studio in Vancouver, WA, starting at the end of May.

**Molly Pfister, LPC**, is graduating from the National Training Program at the National Institute for the Psychotherapies in NYC with a certificate in psychoanalysis. She is particularly interested in working with gender nonconforming individuals and addictions.

**Kathryn (Kassy) Zerbe, MD**, has published *Secrets in Psychotherapy: Stories that Inform Clinical Work*. This reader-friendly book brings together contemporary perspectives from psychodynamic treatment, advances in cognitive science, medicine, and neuroscience to help guide practitioners from the beginner to more advanced in working with secrets that emerge during psychotherapy or psychoanalysis. Integrating clinical examples, vignettes from film, novels, autobiography, and personal memoir provides multiple perspectives through which to understand the impactful role secret keeping has on our patients' lives and our own. *Interested colleagues can purchase a discounted copy using the code 25SMA1.*