

Oregon Psychoanalytic Institute
Policy and Procedure for Waiver for Non-Training Analysts

The purpose of the policy is to assess, on a case-by-case basis, an analyst whose accepted candidate patient wishes to continue his/her personal analysis with a non Training Analyst. The aim is to avoid the interruption of an ongoing analysis. Ongoing is here defined as “at least a year” in actual analysis, four times per week. This pathway cannot serve as an alternate track for Training Analyst appointment. Non-Training Analysts should not take into analysis individuals wanting analytic training, with the hope of obtaining a waiver.

Since the waiver process is not an alternate track for TA appointment, it should be understood that the Institute will avoid requesting, and The Board on Professional Standards is unlikely to grant, more than one per analyst. Because the procedure of waivers continues to evolve at the national level of the American Psychoanalytic Association, OPI will continue to consult and to work with other institutes who are developing and refining similar policies.

CRITERIA FOR ELIGIBILITY

- The analyst is a graduate of an APsaA or International Psychoanalytic Association (IPA) affiliated institute, is at least five years post-graduation, and/or is a member of either APsaA or the IPA or both.
- The analyst has worked with at least 4 cases in 4x/week psychoanalysis post graduation in which an analytic process can be demonstrated.
- Two of those cases have been in treatment for at least three years post graduation.
- The total number of analytic hours of 4x/week cases seen by the analyst post graduation is a minimum of 1800.
- The analyst demonstrates evidence of independent work by having at least two new psychoanalytic cases started after graduation.
- The analyst has terminated at least one case, including cases seen during candidacy.
- The analyst is in good ethical standing.

PROCESS TO ASSESS SUITABILITY OF THE PERSONAL ANALYST

- At the time of request, the accepted candidate must be in an ongoing 4x/week analysis of at least one year's duration with the personal analyst.
- The personal analyst must be a Faculty Member of OPI in good standing for a minimum of 3 years.
- The candidate will contact the Director of OPI, who will inform the personal analyst by letter of the candidate's request. The Director will ask the treating analyst if he/she wishes to proceed with the assessment process. If so, the Director will supply the necessary forms (e.g. Standard CV for Training Analyst Appointment) to the analyst to begin the waiver assessment process. If the analyst does not wish to proceed, the Director will communicate this decision to the requesting candidate.
- When the forms are completed, the TA/SA Committee will convene a committee consisting of two TAs and one non-TA. The applicant analyst will be consulted regarding possible conflicts with committee members, and in some cases, it may be appropriate for committee members to be selected from another institute. This committee will then review the documentation to determine eligibility and to initiate an evaluation process that consists of several meetings to assess the personal analyst's clinical work.
- The analyst will meet with the committee members to discuss the analyst's clinical work, excluding the work with the accepted candidate, and to explore the analyst's understanding of working with a candidate. The Committee will be looking for evidence that supports suitability in functioning as the personal analyst for a candidate.
- The Education Committee will then be informed of the outcome of the review.

- If the personal analyst has met criteria, s/he will be offered the opportunity to meet with a subcommittee of the TA committee to discuss issues particular to training analysis: how the training analysis is different from a personal analysis, the problems inherent in functioning in the role of a training analyst, and ethical issues relevant to functioning in the role of a training analyst. The personal analyst will be encouraged to be part of an ongoing study group or groups.
- When the review is complete, the TA Chair/Co-chair will complete the waiver application form provided by APsaA, stating it has followed its own approved procedures, and will submit it to the COI a reasonable period of time prior to the student's becoming a matriculated psychoanalytic candidate. The candidate can matriculate only after COI has reviewed the waiver application and it has been approved by BOPS.
- The COI Co-Chairs will review the application and contact the TA Chair and Director of OPI if there are questions about the eligibility of the analyst.
- The Director will inform the candidate and personal analyst in writing if the waiver request is approved at the national level.

APPEALS PROCEDURE

An appeals process may be initiated by the candidate or personal analyst if s/he believes bias has led to an unjustified negative decision. The candidate will contact the Director of OPI. The Director will appoint an ad hoc committee of two analysts who did not serve on the original committee to determine whether the procedures were followed. If the procedures were followed, the appeal will be turned down. If the procedures were not followed, the committee will report back to the EC, which will redress the procedural problems and convene a different committee to reconsider the application.