

UNDERSTANDING AND PREVENTING BOUNDARY VIOLATIONS INCLUDING A DISCUSSION OF THE IMPACT OF TREATMENT DURING COVID - 19

A VIRTUAL COURSE



COURSE DESCRIPTION

As psychodynamic therapists, it is our job to identify and manage the intense feelings that surface when we work with our patients. Transference based treatment requires that we actively engage with negative, positive, sexualized, and eroticized transferences. Learning how to work with the transference is a large part of our training.

This course examines improperly managed erotic/sexual transferences and countertransference as well as other factors that contribute to sexual boundary violations in therapy. Numerous studies related to transgressions in therapy will be presented. A large part of the content will be based on the writings of Andrea Celneza, PhD, and the studies she has compiled on this topic.

We are living in a time that requires unprecedented changes in the way we provide treatment. Being able to shift to remote from in-person sessions will be life saving for many patients; however this change in the frame will also cause undue stress for both psychotherapist and patient. Research demonstrates that boundary violations are most likely to occur in times of distress. We are presently being given an opportunity to be proactive in the larger community through physical distancing. We can also be proactive by thinking together about what sorts of complications and potentials for boundary violations may arise in our telephone or virtual sessions. How will the transference change? What temptations will there be now and when we return to our offices?

The course is open to all disciplines of therapists (psychologists, psychiatrists, social workers, counselors) who practice psychodynamically. The course is also open to practitioners who are not trained to work in the transference but would like to learn more about this.

LEARNING OBJECTIVES

1. What is the prevalence rate of sexual boundary violations in therapy?
2. What are some misconceptions about sexual boundary violations in therapy?
3. What puts therapists at risk for sexual misconduct?
4. When should a therapist seek help/support?

Continuing Medical Education

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the American Psychoanalytic Association and the Oregon Psychoanalytic Center. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 4.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

\$70 NON-MEMBERS

\$63 MEMBERS

**\$35 RESIDENTS-INTERNS-
GRADUATE STUDENTS**

INSTRUCTORS: Ann Sola, MPH, PsyD

DATES: 6/25/2020

TIME: 7:00 – 9:00 pm via Zoom

CMES: 2.0*

*Ethics credit

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