

# WORKING PSYCHOANALYTICALLY WITH COUPLES- THE TAVISTOCK MODEL, WINNICOTT AND BOLLAS

with Julie Friend, LCSW, BCD

SATURDAY, MARCH 14, 2020

9:00 AM - 1:00 PM

OHSU, RICHARD T JONES HALL

4 CMES

REGISTER AT  
[WWW.OREGONPSYCHOANALYTIC.ORG](http://WWW.OREGONPSYCHOANALYTIC.ORG)

The Tavistock model offers a useful foundational theoretical framework for thinking about the emotionally challenging and complex work with couples. This workshop will offer an overview of some of the central theoretical cornerstones of the theory, including Morgan's 'couple state of mind', the application of Britton's concept of the "third" as it applies to couples, the structuring role of shared unconscious anxieties and defenses, and how projective identification can be usefully thought of in terms of couple communication. We will think about what constitutes a healthy, functioning couple, and particularly about what capacities we are trying to develop in the couples we work with.

We will also consider whether we as psychoanalytic couple psychotherapists hold a place for the creative, aesthetic, and non-realistic even as we also help couples develop capacities for mature, differentiated object relating. Enlisting Winnicott, Bollas and others we will explore the value of thinking about such powerfully felt experiences of the other while still valuing the necessity and importance of helping couples see each other more realistically.

## Learning Objectives:

1. Participants will identify three theoretical cornerstones of the Tavistock method of work with couples.
2. Participants will describe the clinical importance of supporting a couple's realistic perceptions of one another.
3. Participants will assess the utility of including consideration of transitional realm qualities of relating in assessing couple functioning.

Following the Saturday lecture, you are invited to join Julie Friend for a small group case conference from 2:30pm - 4:30pm in the OPC library. This is an exciting opportunity for an interactive discussion of case material with consideration to the main themes of Julie Friend's lecture. Seating is limited. \$80/person, no CE credits for the case conference portion.

Register at [WWW.OREGONPSYCHOANALYTIC.ORG](http://WWW.OREGONPSYCHOANALYTIC.ORG)



**Julie Friend, LCSW, BCD** is Program Chair, Curriculum Chair and Faculty of the Psychoanalytic Couple Psychotherapy Group's Intensive Study Program in psychoanalytic psychotherapy with couples. She has served on the teaching and/or supervisory faculty at several Bay Area institutions and has published in *Couple and Family Psychoanalysis*, *Fort Da*, and *Viewpoint*. She is a member of Section VIII of Division 39 of the American Psychological Association and of the British Society of Couple Psychotherapists and Counselors. She has a private practice including individuals, couples, and consultation in Berkeley, California.

## Continuing Medical Education

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the American Psychoanalytic Association and the Oregon Psychoanalytic Center. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians. The American Psychoanalytic Association designates this Live Activity for a maximum of 4.0 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity. IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

\$150 (NON-MEMBERS) | \$135 (MEMBERS) | \$75 (RESIDENTS/INTERNS)

OREGON PSYCHOANALYTIC CENTER | 503-229-0715 | [WWW.OREGONPSYCHOANALYTIC.ORG](http://WWW.OREGONPSYCHOANALYTIC.ORG)